

CERTIFICATE

OF PARTICIPATION

This is to certify that

Kishan Manilal

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:37:09

PACE 12:07/km **OVERALL** 113 of 166

OPEN 34 of 40

GENDER 62 of 78

23 June 2019, Sun

Date



BoutTime